



**DEPARTMENT OF CATECHESIS**  
**SYRO MALABAR CATHOLIC CHURCH, IRELAND**

**QUESTION BANK - 2020**

**CLASS – 4**

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**Part-A: Choose the correct answer**

1. “Truly I tell you no one can see the kingdom of God without being born from above”; To whom did Jesus said this?  
(A. Peter, B. Thomas C. Nicodemus)
2. Which sacrament gives you new birth in Holy spirit  
(A, Baptism B. Confirmation C. Holy Qurbana)
3. Giving lighted candle in baptism means  
(A. Purification, B. Birth in Holy Spirit, C. Symbol that he/she is to be the light of the world)
4. One of the fruits of baptism  
(A. Make us heirs to heaven B. Give us good health C. Give us good mind)
5. Who is the first martyr of the Church  
(A. St. Sebastian B. St. Stephan C. St Peter)
6. What day did Holy Spirit descended to Mother Mary and disciples  
(A. Ascension B. Christmas C. Pentecost)
7. We receive the special power and Charisms of the Holy Spirit through sacrament of \_\_\_\_\_  
(A. Baptism B. Confession C. Anointing)
8. Baptism, Anointing, and Holy Qurbana are called sacraments of \_\_\_\_\_  
(A. Continuation b. Completion c. Initiation)
9. How many are gifts of Holy Spirit  
(A. Three b. Fourteen c. Seven)
10. A never erasable seal is cast on the soul of the one who receives this sacrament. Which?  
(A. Baptism B. Anointing C. Holy Eucharist)
11. What is the Fruit of the Holy Qurbana?
  - a) Strengthen our bond of unity with God
  - b) Obey the command of Jesus
  - c) This is my body take and eat it

12. What is the sacrament of the Holy Eucharist?
- The sacrament that forgives our sins, strengthen us not to sin again
  - Sacrament that sets us free from original sin and actual sin
  - The sacrament where in our Lord Jesus Christ gives us His body and blood in the form of bread and wine
13. Why did Jesus Institute the Holy Eucharist?
- In order to nourish and strengthen our spiritual life
  - In order to strengthen us to fight against evil
  - To make us children of God
14. How do all of us become one in Jesus?
- We must show mutual love and friendship
  - Through the sacrament of reconciliation
  - Through the sacraments
15. What is the preparation necessary for receiving Holy Communion?
- Be in the state of grace
  - To visit the sick, console them and pray for them
  - To study the word of God
16. What is venial sin?
- When we violate God's commandments in serious matters with complete knowledge and consent
  - When we violate God's commandments in a light manner
  - When we violate God's commandments
17. What are the Fruits of the sacrament of Reconciliation?
- Inner peace and Joy
  - Sorrow and anger
  - Sorrow and inner peace
18. Condition to receive the sacrament of reconciliation effectively
- Confess your sins to your mum
  - Confess your sins to a lawyer
  - Confess your sins to a priest
19. How do we get absolution for mortal sins?
- Through the sacrament of marriage
  - Through the sacrament of reconciliation
  - Through the sacrament of Holy Eucharist
20. The Syrian term \_\_\_\_\_ means 'surrender or offering'.
- Qurbana
  - Passover
  - forgiveness
22. The Holy Eucharist is a banquet of mutual \_\_\_\_\_ and service.
- Understanding
  - Love
  - sacrifice
23. Jesus instituted the Holy Eucharist on the \_\_\_\_\_ day.
- Passover
  - Pascal Feast
  - Celebration

24. There are two types of sins, mortal sin and \_\_\_\_\_  
 (a) Spiritual (b) Devotional (c) Venial
25. Jesus gave His apostles the \_\_\_\_\_ to forgive sins.  
 (a) Power (b) Sacrament (c) Peace
26. The sacrament of \_\_\_\_\_ is the sacrament that forgives our sins,  
 strengthens us not to sin again and reconciles to God and our brethren.  
 (a) Baptism (b) Anointing (c) Reconciliation
27. We remember the commandment of Jesus in the beginning of the \_\_\_\_\_  
 (a) Holy Mass (b) Matrimony (c) Baptism
28. Jesus reconciled humanity with the Father by his sacrifice on the \_\_\_\_\_  
 (a. Kingdom b. Church c. Cross)
29. God demanded Abraham to sacrifice his only son to God on \_\_\_\_\_  
 (a. Mount Olive b. Mount Golgotha c. Mount Moria)
30. In whose epistle the earliest form of the anointing of the sick explained?  
 (St. James, St. Paul, St. Peter)
31. Person who is specially chosen from among the people for the people and  
 appointed for their service  
 (Bishop, Priest, Deacon)
32. Which of the following is not a sacramental?  
 (Blessing of Myron, consecration of the Church, Matrimony)
33. Prayer which a person or a community offers before God for another  
 person or community  
 (Prayer of intercession, Prayer of Petition, Prayer of thanksgiving)
34. Sacramentals are instituted by \_\_\_\_\_  
 (Jesus, Church, Priest)

**Part -B: Fill In the blanks with suitable words**

1. Those who believe in Jesus and obey his words obtain.....
2. I came that they may have life and have it .....
3. ....is community of people who believe in Jesus and obey his word
4. You are the .....of Christ and individually members of his divine life
5. Jesus instituted the sacraments to .....his life
6. ----- was the only son of Abraham by the covenant of God.
7. Jesus sacrificed himself to fulfil the will of God the Father to save -----
8. The Syrian term, Kurban , means ----- or -----
9. Jesus said, 'I am the -----of life, those who come to me will never feel -----'.
10. The term paschal means -----.
11. Passover means ----- to another.

12. Jesus instituted the Holy Eucharist on the ----- Day.
13. If one's love towards the God is sincere, our -----will be perfect.
14. ----- is the violation of the commandments.
15. ----- and Joy are the fruits of the sacrament of reconciliation.
16. Prayer is loving ----- with God.
17. The priesthood of priest is known as -----
18. Jesus gave his ----- the power to heal the sick.
19. The prayer "Our Father" is known as "-----".
20. The Holy Family of Jesus, Mary and Joseph is a model for all -----.

**Part- C : Match the following:**

- |                            |   |                 |
|----------------------------|---|-----------------|
| a. Sacraments              | - | Water           |
| b. Christ                  | - | sanctifying act |
| c. Koodasa                 | - | baptism         |
| d. Sacrament of initiation | - | divine life     |
| e. Samaritan women         | - | head of church  |

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- |                                   |   |                           |
|-----------------------------------|---|---------------------------|
| a. Isaac                          | - | Eternal Life              |
| b. Qurbana                        | - | Repented                  |
| c. Body & Blood                   | - | Paschal Feast Day         |
| d. Holy Eucharist                 | - | Violation of Commandments |
| e. Reconciliation                 | - | Sycamore Tree             |
| f. Zacchaeus                      | - | Repent of your sins       |
| g. Prodigal Son                   | - | Surrender or offering     |
| h. Sin                            | - | Manna                     |
| i. Holy Communion                 | - | Mt. Moria                 |
| j. Free from hunger and Tiredness | - | Be in the state of grace  |

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- |                           |   |                            |
|---------------------------|---|----------------------------|
| a. Bishops                | - | Sacramental                |
| b. Children               | - | Shepherding                |
| c. Blessing of Holy Myron | - | Successors of the apostles |
| d. Priest                 | - | Family                     |
| e. Men & Women            | - | God's gifts                |

**Part –D: Read the following sentence and write True or False.**

1. The life-giving water that Jesus promised is the divine life (true/false)
2. We are one body with Christ (true/false)

3. Branches stay with stem will die (true/false)
4. Jesus sacrificed himself to fulfil the will of God the Father to save Himself (true/false)
5. The Israelites were travelling from Egypt to the land of Canaan. (true/false)
6. Jesus instituted the Holy Eucharist on the Pascal Feast Day (true/false)
7. A senior tax collector named John longed to see Jesus (true/false)
8. Venial sin can be absolved only through the sacrament of reconciliation (true/false)
9. The Holy Eucharist is a banquet of mutual love and service (true/false)
10. Fast at least one hour before receiving the Holy Communion (true/false)
11. God gave Israelites Manna from heaven, it was brown in colour, tasted like bread, mixed with honey (true/false)
12. In the Holy Eucharist the body and blood of Jesus becomes one spiritual food and drink (true/false)
13. God demanded Abraham to sacrifice his only son to God on Mt. Moria. (true/false)
14. Whoever receives the body and blood of Jesus becomes participants of His divine life. (true/false)
15. When we violate God's Commandments in serious matters with incomplete knowledge and without consent, it is mortal sin. (true/false)
16. In the sacrament of reconciliation repentance for our sins is the most important thing. If we have no contrition, sins will not be forgiven. (true/false)
17. Holy mass is the sacrifice offered to God the Father by the Church along with Jesus through the priest that is offered in memory of the suffering, death, burial and resurrection of Jesus who sacrificed Himself for our salvation. (true/false)
18. The core of a life of sacrifice is to surrender oneself to Holy Mass. (true/false)
19. The Holy Eucharist is the sacrament where in our Lord Jesus Christ gives us His body and blood in the form of bread and wine. (true/false)
20. The Holy Eucharist is the loving banquet of Jesus giving salvation. (true/false)
21. The Israelites ate 'Manna' and were free from sins and fear. (true/false)
22. We should not receive Holy Communion with mortal sin. (true/false)

23. In the Holy Mass, the service of reconciliation just before receiving Holy Communion helps us to examine our conscience. (true/false)
24. Blessing of holy Myron is the most important among sacramentals. (true/false)
25. Religious Profession is sacrament. (true/false)
26. Jesus had the power to heal the sick. (true/false)
27. Jesus is the eternal priest. (true/false)
28. Man and women form a family in marriage. (true/false)

**Part –E: Answer in a one or two sentence**

1. What shall we do to be united with Jesus?
2. What shall we do to get divine life?
3. How does Jesus give his divine life?
4. How many sacraments are there?
5. What is the definition of sacrament?
6. How are we to receive sacraments?
7. What are the fruits of the Holy Mass?
8. What is the sacrament of the Holy Eucharist?
9. Why did Jesus Institute the Holy Eucharist?
10. What are the things necessary to receive Holy Communion with proper devotion?
11. What is Sin? What are the types of Sin?
12. What is the sacrament of reconciliation?
13. What are the five conditions to receive the sacraments of reconciliation effectively?
14. What are the things to do besides the penance that the priest gives in order to complete our atonement of Sins?
15. How do we get absolution for mortal sins?
16. How do all of us become one in Jesus?
17. What did Jesus sacrifice Him for?
18. Who is a Priest?
19. What is the important part in the sacrament of matrimony?
20. What is prayer?
21. What are Sacramentals?

## **Part F: Prayers**

1. Hail Holy Queen
2. The Apostles Creed
3. Prayer before Confession
4. Act of Contrition
5. Our Father
6. Hail Mary